Gourock Pool Timetable

| | 07:30 - 19:00 | | | | | | | | | | Pool Closed | |
|---------------------------------------------------------------------------------|-----------------------------------------|-------------------------------------------------|----------------------------------------------------------|------------------------|-----------------------------------------------------------------|---------------------------------------------------------|----------------------------------------|---------------|-----------------------------|---------------------|-------------|---------------|
| | _ | Lane Swimmi | ng 07:30 - 11:30 | | Lane Swimming 12:00 - 13:30 | | Lane Swimming 14:00 - 15:30 Lane Swimm | | ning 16:30 - 18:30 | g 16:30 - 18:30 | | |
| | NOM | | Aqua Fit 10:00 - 11:00 Open Water Open Water | | | | | | | | | |
| | | Pool Closed | Pool Closed | | | | | 10:00 - 19:00 | | | | 19:00 - 20:00 |
| | | | Lane Swimming 10:00 - 11:30 | | Lane Swimming 12:00 - 13:30 | | Lane Swimming 14:00 - 15:30 Lane Sv | | Lane Swimr | nming 16:30 - 18:30 | | |
| | TUES | | Open Water | | | | Open Water | | | | | Masters |
| | 07:30 - 19:00 | | | | | | | | | Pool Closed | | |
| | S | Lane Swimming 07:30 - 11:30 | | | Lane Swimming 12:00 - 1 | Lane Swimming 12:00 - 13:30 Lane Swimming 14:00 - 15:30 | | | Lane Swimming 16:30 - 18:30 | | | |
| | WED | Open Water | | | | | Open Water | | | | | |
| | | Pool Closed | | | | | 10:00 - 19:00 | | | | | 19:00 - 20:00 |
| | S | | Lane Swimming 10:00 - 11:30 | b | Lane Swimming 12:00 - 1 | 3:30 | Lane Swimming 14 | :00 - 15:30 | Lane Swimr | ning 16:30 - 18:30 | | |
| | THURS | | | | | | | | | | | Masters |
| | È | | | Open Water | Water | | | Open Water | | | | |
| | | 07:30 - 19:00 | | | | | | | | Pool Closed | | |
| | | Lane Swimming 07:30 - 11:30 Lane Swimming 12:00 | | | - 13:30 Lane Swimming 14:00 - 15:30 Lane Swimming 16:30 - 18:30 | | | | | | | |
| | FRI | Open Water | | | | | | | Open Wa | iter | | |
| | , | | | | | | | | | | | |
| | | Pool Closed | 08:30 - 10:00 | | | | 10:00 - 16:00 | | | | | abb |
| | | | | Lane | Swimming 10:00 - 11:30 | Lane Sw | imming 12:00 - 13:30 | Lane Swimm | ing 14:00 - 15:30 | Kiddies Po | | etable |
| | SAT | | Masters | | | | | | | | AY - FRIDA | Y |
| | | | Open Water | | | | | | | S | | |
| | Pool Closed 08:30 - 10:00 10:00 - 16:00 | | | | | | | 12:0 | 00 - 16:00 | | | |
| | | | | Lane | Swimming 10:00 - 11:30 | Lane Sw | imming 12:00 - 13:30 | Lane Swimm | ing 14:00 - 15:30 | SATURD | AY & SUND | AY 🦲 |
| | SUN | | Masters | Open Water 11:00 - 15: | | | | | 0 - 15:00 | | | |
| | | | | | | | | | | | | |
| I. Diving boards and kiddies pool opening may change during busy periods, curta | | | | | | | | | | | | |
| | | | | | | | | | | dverse weather or | low dem | and. |
| | | | | | is subject to const inutes before closin | | ew and may chai | nge withou | t notice. | | | |

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The pool programme is subject to constant review and may change without notice.
 Last admission 30 minutes before closing.

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Friday 3rd May to Sunday 1st September



Gourock Pool Timetable

Monday 2nd September to Monday 30th September

| | | Pool Closed | 12:00 - 18:00 | | | | | | | |
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| | z | | Lane Swimming 12:00 - 13:30 Lane Swimming 14:00 - 15:30 Lane Swimming 14:00 - 15:30 | ane Swimming 16:30 - 18:00 | | | | | | |
| | NOM | | Open Water 12:00 - 18:00 | | | | | | | |
| | | Pool Closed | 12:00 - 18:00 | | | | | | | |
| | S | | Lane Swimming 12:00 - 13:30 Lane Swimming 14:00 - 15:30 Lane Swimming 14:00 - 15:30 | ane Swimming 16:30 - 18:00 | | | | | | |
| | TUES | | Open Water 12:00 - 18:00 | | | | | | | |
| | | Pool Closed | 12:00 - 18:00 | | | | | | | |
| | S | | Lane Swimming 12:00 - 13:30 Lane Swimming 14:00 - 15:30 Lane Swimming 14:00 - 15:30 | ane Swimming 16:30 - 18:00 | | | | | | |
| | WEDS | | Open Water 12:00 - 18:00 | | | | | | | |
| | | Pool Closed | 12:00 - 18:00 | | | | | | | |
| | SS | | Lane Swimming 12:00 - 13:30 Lane Swimming 14:00 - 15:30 Lane Swimming 14:00 - 15:30 | ane Swimming 16:30 - 18:00 | | | | | | |
| | THURS | | Open Water 12:00 - 18:00 | | | | | | | |
| | | Pool Closed | 12:00 - 18:00 | | | | | | | |
| | | | Lane Swimming 12:00 - 13:30 Lane Swimming 14:00 - 15:30 Lane Swimming 14:00 - 15:30 | ane Swimming 16:30 - 18:00 | | | | | | |
| | FRI | | Open Water 12:00 - 18:00 | | | | | | | |
| 1 | | | | | | | | | | |
| | | 08:30 - 10:00 | 10:00 - 16:00 | K | | | | | | |
| | F | | Lane Swimming 10:00 - 11:30 Lane Swimming 12:00 - 13:30 Lane Swimming 14:00 - 15: | 30 | | | | | | |
| | SAT | Masters | Open Water | | | | | | | |
| | | 08:30 - 10:00 | 10:00 - 16:00 | | | | | | | |
| | 7 | L | Lane Swimming 10:00 - 11:30 Lane Swimming 12:00 - 13:30 Lane Swimming 14:00 - 15: | 30 | | | | | | |
| | SUN | Masters | Open Water | | | | | | | |
| | | | | | | | | | | |

1. Diving boards and kiddies pool opening may change during busy periods, curtailed due to adverse weather or low demand. 2. The pool programme is subject to constant review and may change without notice.

3. Last admission 30 minutes before closing.

inverclyde leisure

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| | Pool Closed | | | |
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| | 18:00 - 19:00 | Pool Closed | | |
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| | Masters | | | |
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| | Pool Closed | | | |
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| | 18:00 - 19:00 | Pool Closed | | |
|) | | | | |
| | Masters | | | |
| | | | | |
| | Pool Closed | | | |
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iddies Pool Timetable



12:00 - 16:00

SATURDAY & SUNDAY

11:00 - 15:00