

Gourock Pool Timetable

Friday 3rd May to Sunday 1st September

		07:30 - 19:00				Pool Closed
MON		Lane Swimming 07:30 - 11:30	Lane Swimming 12:00 - 13:30	Lane Swimming 14:00 - 15:30	Lane Swimming 16:30 - 18:30	
		Aqua Fit 10:00 - 11:00	Open Water		Open Water	
		Pool Closed	10:00 - 19:00			19:00 - 20:00
TUES		Lane Swimming 10:00 - 11:30	Lane Swimming 12:00 - 13:30	Lane Swimming 14:00 - 15:30	Lane Swimming 16:30 - 18:30	Masters
		Open Water			Open Water	
		07:30 - 19:00				Pool Closed
WEDS		Lane Swimming 07:30 - 11:30	Lane Swimming 12:00 - 13:30	Lane Swimming 14:00 - 15:30	Lane Swimming 16:30 - 18:30	
		Open Water			Open Water	
		10:00 - 19:00				19:00 - 20:00
THURS		Lane Swimming 10:00 - 11:30	Lane Swimming 12:00 - 13:30	Lane Swimming 14:00 - 15:30	Lane Swimming 16:30 - 18:30	Masters
		Open Water			Open Water	
		07:30 - 19:00				Pool Closed
FRI		Lane Swimming 07:30 - 11:30	Lane Swimming 12:00 - 13:30	Lane Swimming 14:00 - 15:30	Lane Swimming 16:30 - 18:30	
		Open Water			Open Water	

		Pool Closed	08:30 - 10:00	10:00 - 16:00		
SAT			Masters	Lane Swimming 10:00 - 11:30	Lane Swimming 12:00 - 13:30	Lane Swimming 14:00 - 15:30
				Open Water		
		08:30 - 10:00		10:00 - 16:00		
SUN			Masters	Lane Swimming 10:00 - 11:30	Lane Swimming 12:00 - 13:30	Lane Swimming 14:00 - 15:30
				Open Water		

Kiddies Pool Timetable

	MONDAY - FRIDAY	
	12:00 - 16:00	
	SATURDAY & SUNDAY	
	11:00 - 15:00	



1. Diving boards and kiddies pool opening may change during busy periods, curtailed due to adverse weather or low demand.
2. The pool programme is subject to constant review and may change without notice.
3. Last admission 30 minutes before closing.

Gourock Pool Timetable

Monday 2nd September to Monday 30th September

	Pool Closed	12:00 - 18:00			Pool Closed	
MON		Lane Swimming 12:00 - 13:30	Lane Swimming 14:00 - 15:30	Lane Swimming 16:30 - 18:00		
		Open Water 12:00 - 18:00				
	Pool Closed	12:00 - 18:00			18:00 - 19:00	Pool Closed
TUES		Lane Swimming 12:00 - 13:30	Lane Swimming 14:00 - 15:30	Lane Swimming 16:30 - 18:00	Masters	
		Open Water 12:00 - 18:00				
	Pool Closed	12:00 - 18:00			Pool Closed	
WEDS		Lane Swimming 12:00 - 13:30	Lane Swimming 14:00 - 15:30	Lane Swimming 16:30 - 18:00		
		Open Water 12:00 - 18:00				
	Pool Closed	12:00 - 18:00			18:00 - 19:00	Pool Closed
THURS		Lane Swimming 12:00 - 13:30	Lane Swimming 14:00 - 15:30	Lane Swimming 16:30 - 18:00	Masters	
		Open Water 12:00 - 18:00				
	Pool Closed	12:00 - 18:00			Pool Closed	
FRI		Lane Swimming 12:00 - 13:30	Lane Swimming 14:00 - 15:30	Lane Swimming 16:30 - 18:00		
		Open Water 12:00 - 18:00				

	08:30 - 10:00	10:00 - 16:00		
SAT	Masters	Lane Swimming 10:00 - 11:30	Lane Swimming 12:00 - 13:30	Lane Swimming 14:00 - 15:30
		Open Water		
	08:30 - 10:00	10:00 - 16:00		
SUN	Masters	Lane Swimming 10:00 - 11:30	Lane Swimming 12:00 - 13:30	Lane Swimming 14:00 - 15:30
		Open Water		

Kiddies Pool Timetable

MONDAY - FRIDAY	12:00 - 16:00
SATURDAY & SUNDAY	11:00 - 15:00



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