water front 2

Main Pool Programme

	07:0	00 08:0		NVERGLYI		12:00 13:00	14:00	15:00	16:00	17:00	8:00	19:00	20:00	21:00	22:0	
														Lane		
		Lane Swimming 7:00 - 07:30	Open Water (3 Lanes) 7:30am - 15:30pm									IAS	SC (4 Lanes)	Swimming		
	MOM	Lane							Swimming Lessons			18:30	pm - 20:30pm	20:30pm -	Pool	
	Σ	2.00 Swi	00:7						15:30pm - 18:30pm					21:30pm	Closed	
	_	IASC			Lane Swimming (3 Lanes) 7:3			(Whole Pool)			Lane Swimming (2 Lanes)					
		7:00 - 7:30									18:30pm – 21:30pm		30pm			
		5 S			Open Water								20 (())			
TUES	Ŋ	Lane Swimming 7:00 - 07:30	7:30am - 15:30pm						Swimming Lessons			IASC (4 Lanes) 18:30pm - 20:30pm Masters		N4==t==== (C		
	5	% % % % % % % % % % % % % % % % % % %	기를 경						15:30pm - 18:30pm (Whole Pool)			Lane Swimming (2 Lanes)			Masters (6 Lanes) 20:30pm - 22:00pm	
	-	Lane Swimming (3 Lanes) 7:30am - 15:30pm														
		(2Lanes) 7:00 - 7:30 Aqua Fit 9:00am - 10:00am										18:30pm – 20:30pm		>)		
		5 Q												Lane		
	S	Lane Swimming 7:00 - 07:30			Open Water (3 Lanes) 7:30a	am - 15:30pm						IAS	SC (4 Lanes)	Swimming		
	WEDS	La ivina	00						Swimming Lessons			18:30	pm - 20:30pm	20:30pm -	Pool	
	₹									30pm - 18:30pm (Whole Pool)				21:30pm	Closed	
		(2 Lanes)	Lane Swimming (3 Lanes) 7:30am - 15:30pm						(Whole Pool)				Lane Swimming			
-		7:00 - 7:30										18:30pm – 21:	30pm			
		Lane Swimming (3 Lanes)										IASC (4 Lanes)				
	THURS	Lane Swimming (6 Lanes)							Swimming Lessons			18:30pm - 20:30pm		Masters (6	Lanes)	
	로	7:0	7:00am - 10:00am						15:30pm - 18:30pm (Whole Pool)					20:30pm - 2	20:30pm - 22:00pm	
F	- [Open Water (3 Lanes) 10:00am - 15:30pm							(VVIIdle Pool)			Lane Swimming (2 Lanes)		5)		
			- 10:00am						18:30pm – 20:30pm							
Ē																
					Lane Swimming (3 Lanes)			Swimming Lessons 15:30pm - 18:30pm (Whole Pool)			IACO	: // Lanas)	Lane Swimming			
	_	Lane St	Lane Swimming (6 Lanes)								IASC (4 Lanes) 18:30pm - 20:30pm		20:30pm -	Pool		
	꼾		7:00am - 10:00am Open Water (3 Lanes)									10.30pm - 20.30pm		21:30pm	Closed	
												Lane Swimming (2 L				
		10:00am - 15:30pm Aqua Fit 9:00am - 10:00am									18:30pm – 21:30pm					
			Masters (5 Lanes)		Swimming Lessons		Open Water (3 Lane: 13:30pm - 16.30pm		25)	IASC (6 Lanes)			Refresh Sauna & Steam Room			
													Mon - Fri	7:30am - 21:0	0pm	
	SAT	Pool	8:00am -		(5 Lanes) 9:00am - 13:30pm					16:30pm - 18:30pn	n	Pool		1000000		
	S	Closed	9:00am					nming (3 La				Closed	Leisure Pool			
			Lang Swimming (1 Lang) 9:00am until 1:70nm			13:30pm - 16.30pm		1				Mon - Fri 16:00pm - 18:00pm				
		Lane Swimming (I Lane) 8:00am until 1:30pm										Saturday & Sui		-		
SUN			Masters		Swimming Lessons (5 Lanes) 9:00am - 13:30pm		Open Water (3 Lane 13:30pm - 16.30pm			Construction Control	14	ASC	Agua Fit			
	Z	Pool	(5 Lanes) 8:00am -				13:30p	13.300111 - 10.30011		Greenock Otters 16:30pm - 18:00pm	(6 L	anes)	Tues, Thurs, Fr	i 9:00am - 10	:00am	
	SL	Closed	9:00am -				Lane Swim	Lane Swimming (3 Lan		(Whole Pool)		0pm - 30pm				
								m - 16.30pm			19.0	- CPIII				
	1 6 1 1 10 10 10 17 17 17															



- 1. The pool programme is subject to constant review and may change without notice.
- 2. Last admission 30 minutes before closing.

Lane Swimming (1 Lane) 8:00am until 1:30pm