

Ice Rink Programme

Opening Hours Out Of School Holidays - Spring/Summer

Mon	Tue	Wed	Thu	Fri	Sat	Sun
Closed	Closed	Closed	Public Skating (10am - 12.30pm)	Public Skating (10am - 12.30pm)	Ice Skating Lessons	Ice Skating Lessons

ICE PREPARATION

Public Skating (12am - 3pm)	Closed	Closed	Public Skating (1pm - 3pm)	Public Skating (1pm - 3pm)	Public Skating (1pm - 3.30pm)	Public Skating (1pm - 3pm)
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ICE PREPARATION

Figure Skating (3.30pm - 7pm)	Figure Skating (3.30pm - 7pm)	Figure Skating (3.30pm - 7pm)	Figure Skating (3.30pm - 7pm)	Ice Skating Lessons (3.30pm - 7pm)	Figure Skating Club (3.45pm - 6.45pm)	Figure Skating (3.15pm - 7.45pm)
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ICE PREPARATION

Public Skating (7pm - 9pm)	Closed	Closed	Public Skating (7pm - 9pm)	Ice Disco (7.30pm - 9.30pm)	Closed	Closed
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Opening Hours During School Holidays including Public holidays

Mon	Tue	Wed	Thu	Fri	Sat	Sun
Public Skating (10am-12.30pm)	Public Skating (10am-12.30pm)	Public Skating (10am-12.30pm)	Public Skating (10am-12.30pm)	Public Skating (10am-12.00pm)	Ice Skating Lessons	Ice Skating Lessons

ICE PREPARATION

Public Skating (1pm - 3.30pm)	Public Skating (1pm - 3.30pm)	Public Skating (1pm - 3.30pm)	Public Skating (1pm - 3.30pm)	Public Skating (12.30pm - 3.15pm)	Public Skating (1pm - 3.30pm)	Public Skating (1pm - 3pm)
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ICE PREPARATION

Figure Skating (3.45pm - 7pm)	Figure Skating (3.45pm - 7pm)	Figure Skating (3.45pm - 7pm)	Figure Skating (3.45pm - 7pm)	Ice Skating Lessons (3:30m - 7pm)	Figure Skating Club (3.45pm - 6.45pm)	Figure Skating (3.15pm - 7.45pm)
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ICE PREPARATION

Public Skating (7pm - 9pm)	Public Skating (7pm - 9pm)	Public Skating (7pm - 9pm)	Public Skating (7pm - 9pm)	Ice Disco (7.30pm - 9.30pm)	Closed	Closed
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During public sessions, Private/Group Skating Lessons may take place.

Ice Skating Lessons

Both group and private lessons are available for children and adults of all ages and abilities. Licensed NISA coaches teach the flagship learn-to-skate programme where you'll learn the fundamental movements and basic skills.

Ice skating is great fun and it's even more enjoyable when you know how! All details of course dates are available from reception and are on our website www.inverclydeleisure.com or email our Ice Skating Co-ordinator Kayleigh Munro at kayleigh.munro@inverclydeleisure.com

HI! MEET PETE AND SAMMY

YOUR ICE SKATING FRIENDS, WE'RE HERE TO:

- HELP YOU TO SKATE
- BUILD YOUR CONFIDENCE
- GIVE YOU MORE FUN ON THE ICE

YOU CAN HIRE US DURING ALL PUBLIC SKATING SESSIONS

